



Driver Training

**Safe Driving Programs
for
Mature Drivers**

Programs Offered

- **Mature Driver - Driver Improvement Program**
 - Classroom course with a Carfit
 - an option for an in-car session
 - OR online classroom option
- **Keeping the Keys**

Mature Driver Program

- Created specifically for drivers age 55 and older
- Quick refresher course on driving defensively
- Tips and Techniques on...

Driver Improvement Program

- 1 day/ 4 hours, or
- 2 day/ 4 hours each day
 - An optional on-the-road evaluation (upon request)

Who conducts the classes?

- State certified Driving Instructors
- Additionally certified by AAA in Driver Improvement Programs

Why sharpen your skills?

- AAA is involved in research on driving patterns of drivers 55 and older since 1979...
- **Findings**

[The DIFFERENCE?]

- The content of what is covered in the 4 hour vs. the 8 hour

8 Hour Program (2 days)

- **Seeing**
- **Communicating**
- **Adjusting Speed**
- **Margin of Safety (Space)**
- **Your Vehicle**
- **Driving Emergencies**
- **You the Driver**
- **Car Fit**

4 Hour (1 day) Program

- **Seeing**
- **Communicating**
- **Adjusting Speed**
- **Margin of Safety**
- **You the Driver**

Participant Evaluation

- Not evaluated and rated as good or poor drivers...
- Rather an emphasis is on the effects of aging on driving:
 - ENHANCING...your driving skills, allowing you to make your own decisions

How this program can help...

- Designed to meet the information needs and interest of drivers over age 55.
- In many states...if you complete an approved senior defensive driving class you may be eligible to receive auto insurance discounts.

Keeping the Keys

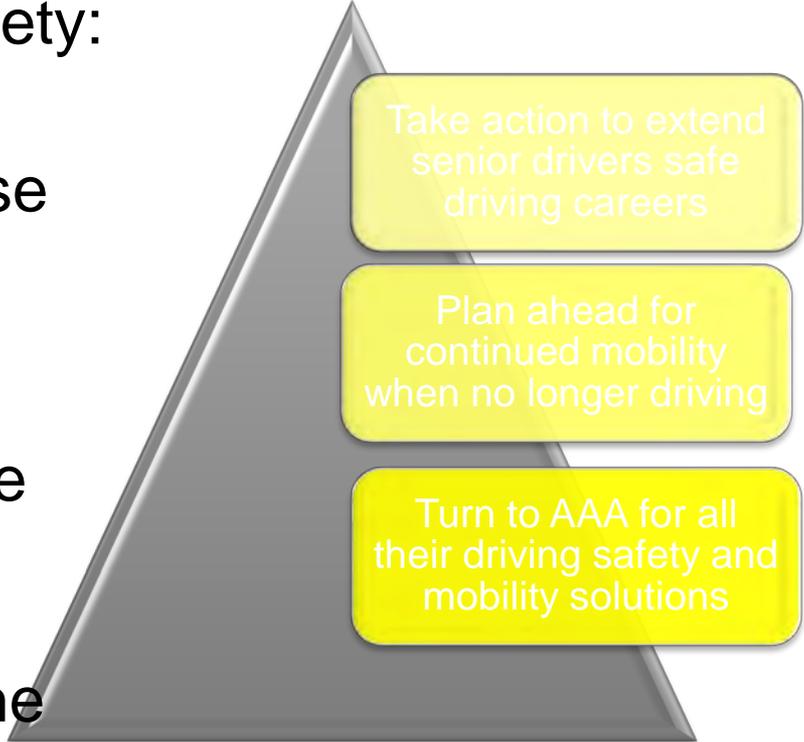
- Shorter program, about 1 hour

Keeping the Keys Program

AAA Three areas to promote safety:

Vehicle, Roadway and Driver

- On Roads we work to increase visibility of signs, correct intersection search, etc.
- Vehicle - we work to improve safety design and ease of use (larger control knobs, thicker steering wheels)
- Driver – we work to ensure the skills remain to drive safely



Take action to extend senior drivers safe driving careers

Plan ahead for continued mobility when no longer driving

Turn to AAA for all their driving safety and mobility solutions

Keeping the Keys Agenda

- Senior and driving and mobility
- Proactive management of driving career
- How driving skills change over time
- How drivers deal with these changes
- How drivers can take action to extend their safe driving careers
- How drivers can plan ahead for continued mobility



Driver Training

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For More Information on AAA resources
and workshops...

AAASeniors.com