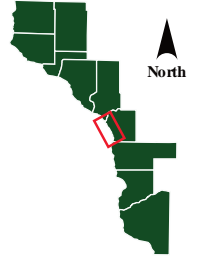


Section 5 La Crosse



Distance: 23 miles from Trempealeau to La Crosse.

Difficulty: The terrain for this entire length of the route on the panel is flat.

Route Travel Conditions: The Great River State Trail is surfaced with crushed limestone and is suitable for most skinny tires. The alternative route (WIS 35 and County XX) is rated as having best and moderate conditions for bicycling. WIS 35 has fairly high traffic volumes east of Trempealeau, but with wider paved shoulders. Several bridges have no shoulders in this stretch. There will be a mixture of trails, higher volume streets, and lower volume residential streets in La Crosse and Onalaska. The preferred route through La Crosse has cyclists on local roads rather than higher volume highways.

An additional [inset map](#) is available for the La Crosse area.

Directions: Southbound: From Trempealeau to Onalaska on the Great River State Trail. Connect to Oak Ave. via Oak Forest Dr. Turn right (south) on Oak. Left on Cunningham St. to Larson/Palace St. Then right on River Valley for about 1 mile to River-Marsh Trail. Take trail to East Ave. or to downtown La Crosse. From downtown La Crosse take Cass St. east to signed on-street bike route including 29th/28th/31st/32nd/33rd streets. 33rd Street connects to Pammel Creek Trail. Take this trail under WIS 35 to begin southbound travel on this highway. Northbound: 33rd St. to Pammel Cr. Trail to signed on-street bike route including 33rd/32nd/31st/28th/29th streets. Left on Cass St. to downtown La Crosse. Take River-Marsh Trail that begins on US 53 just north of the intersection of La Crosse St. in downtown. turn right of east on trail to River Valley Dr. North on River Valley to Palace. Left on Palace. Right on Oak St. Left on Oak Forest Dr. to beginning of Great River State Trail. From Onalaska to Trempealeau take the Great River State Trail.

Alternate Highway Route: Southbound From Trempealeau travel on WIS 35 for 6 miles. Turn right or south on County XX for 5 miles to Midway. Intersect with the Great River State Trail (off-road) near intersection of County OT and County ZN in Midway. For on-road option at this point head south or stay right from County XX to County OT. County OT for 1 mile to County ZM. Right on County ZM for 1 mile to County Z and nearby WIS 35. Northbound For on-road option from WIS 35 turn left (west) on County Z to County Z M. Right on County ZM to County OT. Stay left or straight to County OT for 1 mile to County XX. Stay left for County XX. County XX for 5 miles and left on WIS 35. From Great River State Trail in Midway, head north on County OT for 1/2 mile to County XX. Stay left for County XX. County XX for 5 miles. Turn left or west on WIS 35 to Trempealeau.

